

Queensland Ballet Academy 2026 Video Auditions

Guidelines for the Guest Academy Program Levels 4-6

Queensland Ballet Academy is committed to using the following endorsed International Audition Pre-selection Guidelines.

Video Audition Specifications

To submit a valid video audition, ensure your video:

- Is a clear, good quality audio / visual recording (does not need to be professionally filmed / edited).
- Is no more than 15 minutes in total length.
- Contains recently recorded material, filmed as close to the submission date as possible and no more than four months prior.
- Contains practical demonstration of the material requested in each of the four sections below.
- Is saved as a digital file and clearly titled with your full name and the month and year of submission. (eg. Jane Smith Audition June 2025).
- Is submitted as a digital link (eg. Vimeo or YouTube), directly into your audition registration form.

Filming Tips

- Use a tripod or stand to ensure a clear, stable image.
- Film in well-lit space, however, avoid a bright background behind the dancer.
- Film from an angle that best compliments the dancer (eg. 45° angle).
- Ensure the dancer's full length is always visible (camera focused at waist height).

Section One: Physical Assessment Spine Alignment

To demonstrate spine alignment - with your back to the camera, standing in parallel with feet slightly apart and legs straight, slowly roll down halfway until head is about in line with pelvis, and then slowly roll back up. Knees may soften slightly and tail bone to remain pointing towards floor. Please wear track pants or warm up pants for this exercise.

Audition Warm up Exercise

Please refer to the audition warm up exercise video found at the link <u>here</u>. The filmed warm up needs to consist of the same order and material as demonstrated in the video.



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Section Two: Ballet Barre

Guidelines (Levels 6 - 4)	Content
3 - 5 minutes Incorporating both	Pliés
sides	Battements tendus
Demonstrated in fitted ballet	Adagio
attire (no skirts)Demonstrated	Grands battements
in soft ballet shoes	

Section Three: Centre Practice

Guidelines (Levels 6 - 4) 3 - 5 minutes Incorporating both sides Demonstrated in fitted ballet attire (no skirts) Demonstrated in soft ballet shoes Ladies Level 4 Ladies (Academic year 9 2026) 2-3 simple pointe combinations incorporating the exercises listed. Level 5 Ladies (Academic year 8 2026) Level 5 Ladies Level 5 Ladies (Academic year 8 2026) Level 6 Ladies Level 7 Ladies Level 7 Ladies Level 8 Ladies Level 9 Ladies Le	Section Three: Centre Practice		
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l		 Pas de bourrée with change of feet 	
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	incorporating the exercises listed.	travel	
Level 6 Ladies No pointe work required	Level 6 Ladies	No pointe work required	
(Academic year 7 2026)	(Academic year 7 2026)		



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Additional Notes

- Your video audition must form part of your online audition registration and must not be emailed separately.
- For the audition panel to make a final decision, you may also be asked to attend a class online or in person.
- Video footage should be recent, showing the applicants current ability. For example, it is not suitable to submit footage filmed last year or in previous auditions/events.
- Please note that additional material may be requested from applicants prior to offers being made.
- Please ensure you provide the correct password if applicable.