

## **Queensland Ballet Academy 2026 International Video Auditions**

### **Guidelines for the Upper and Lower School Level 6 - 1**

Queensland Ballet Academy is committed to using the following endorsed International Audition Pre-selection Guidelines.

#### **Video Audition Specifications**

To submit a valid video audition, ensure your video:

- Is a clear, good quality audio / visual recording (does not need to be professionally filmed / edited).
- Is no more than 15 minutes in total length.
- Contains recently recorded material, filmed as close to the submission date as possible and no more than four months prior.
- Contains practical demonstration of the material requested in each of the four sections below.
- Is saved as a digital file and clearly titled with your full name and the month and year of submission. (eg. Jane Smith Audition - June 2025).
- Is submitted as a digital link (eg. Vimeo or YouTube), directly into your audition registration form.

#### **Filming Tips**

- Use a tripod or stand to ensure a clear, stable image.
- Film in well-lit space, however, avoid a bright background behind the dancer.
- Film from an angle that best compliments the dancer (eg. 45° angle).
- Ensure the dancer's full length is always visible (camera focused at waist height).

#### **Section One: Physical Assessment Spine Alignment**

To demonstrate spine alignment - with your back to the camera, standing in parallel with feet slightly apart and legs straight, slowly roll down halfway until head is about in line with pelvis, and then slowly roll back up. Knees may soften slightly and tail bone to remain pointing towards floor. Please wear track pants or warm up pants for this exercise.

#### **Audition Warm up Exercise**

Please refer to the audition warm up exercise video found at the link [here](#). The filmed warm up needs to consist of the same order and material as demonstrated in the video.

# Queensland Ballet Academy

KELVIN GROVE STATE COLLEGE

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### Section Two: Ballet Barre

| Guidelines (Levels 6 - 4)  | Content           |
|--|-------------------|
| 3 - 5 minutes Incorporating both sides<br>Demonstrated in fitted ballet attire (no skirts) Demonstrated in soft ballet shoes | Pliés             |
|  | Battements tendus |
|  | Adagio            |
|  | Grands battements |

### Section Three: Centre Practice

| Guidelines (Levels 6 - 4)  | Content  |
|--|--|
| 3 - 5 minutes Incorporating both sides<br>Demonstrated in fitted ballet attire (no skirts)<br>Demonstrated in soft ballet shoes    | Adagio   |
|  | Pirouettes   |
|  | Petit allegro  |
|  | Grand allegro  |
| <b>Ladies</b>  |  |
| <b>Levels 2 - 1 Ladies</b><br><b>(Academic years 11 – 12 2026)</b>   | <ul style="list-style-type: none"> <li>Building on the required material for level 3 ladies (below) demonstrate 3-4 advanced age-appropriate pointe exercises.</li> </ul>  |
| <b>Level 3 Ladies</b><br><b>(Academic years 10 2026)</b><br><br>2-3 simple pointe combinations incorporating the exercises listed. | <ul style="list-style-type: none"> <li>Pas échappé en tournant in II and IV positions (1/4 turn)</li> <li>Assemblé soutenu en tournant en dehors and en dedans with 1/2 and full turn</li> <li>Sissonne ouverte on 45°</li> <li>Relevé on single leg (working leg sur le cou-de-pied or at 45°)</li> <li>Pas coupé ballonné de côté (à la seconde)</li> <li>Préparation for pirouette sur le cou-de-pied en dehors and en dedans from V and IV positions</li> <li>Pas couru and pas de bourrée suivi in all directions</li> <li>Tours chaînés</li> </ul> |

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|  |   |
|--|---|
| <b>Level 4 Ladies</b><br><b>(Academic year 9 2026)</b><br><br>2-3 simple pointe combinations incorporating the exercises listed. | <ul style="list-style-type: none"> <li>• Relevé</li> <li>• Pas échappé in II and IV (position croisé and effacé)</li> <li>• Sissonne simple en face and épaulement</li> <li>• Détourné in V position from croisé to croisé</li> <li>• Pas de bourrée with change of feet</li> <li>• Bourrée suivi in V position on place and with travel</li> </ul> |
| <b>Level 5 Ladies</b><br><b>(Academic year 8 2026)</b><br><br>2-3 simple pointe combinations incorporating the exercises listed. | <ul style="list-style-type: none"> <li>• Relevé</li> <li>• Pas échappé</li> <li>• Pas de bourrée with change of feet</li> <li>• Bourrée suivi in V position on place and with travel</li> </ul>   |
| <b>Level 6 Ladies</b><br><b>(Academic year 7 2026)</b>   | No pointe work required   |
| <b>Men</b>   |   |
| <b>Levels 2 – 1</b><br><b>(academic years 11 &amp; 12 2026)</b>  | Double tour combination   |

### Section Four (Optional): Variations or Extra Material

| Guidelines                         | Content  |
|------------------------------------|--|
| 3 - 5 minutes                      | Short classical variation from the standard repertoire   |
| Skirt, tutu or costume may be worn | Short contemporary variation (could consist of material drawn from repertoire, phrases from classwork or an applicant-created work) that illustrates the applicant's command of a range of movement different from what is demonstrated in the classical variation |

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**Additional Notes**

- Your video audition must form part of your online audition registration and must not be emailed separately.
- For the audition panel to make a final decision, you may also be asked to attend a class online or in person.
- Video footage should be recent, showing the applicants current ability. For example, it is not suitable to submit footage filmed last year or in previous auditions/events.
- Please note that additional material may be requested from applicants prior to offers being made.
- Please ensure you provide the correct password if applicable.